

Mass for Persons Living with Mental Health Challenges



Deaf and Disabilities Ministry
The Roman Catholic Archdiocese of Washington

MAY IS MENTAL HEALTH MONTH

All are welcome as we gather as a faith community of persons living with mental illness, mental health challenges, family members, friends, and supporters to accompany and pray for one another.

MAY 9, 2026

CONFESSION 10 A.M.
MASS 11 A.M.

Stained glass of St Dymphna, patron saint of mental illness

CARDINAL ROBERT MCELROY
Principal Celebrant

Cathedral of St. Matthew the Apostle
1725 Rhode Island Ave NW
Washington DC, 20036



Hosted by the Office of Deaf and Disabilities Ministry

For additional information, contact
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301-853-4560, 301-200-5430 (VP)



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Washington