



THE “LINK”

February 2022

FROM THE PRESIDENT

This issue of LINK keeps you up-to-date on happenings for Catholic women in the Archdiocese. Be sure to email your event info to us at the address on the blue sidebar. We’ll let everyone know about it!

We’re so excited about our February tea, we have to tell you about it first. Music Director and Liturgist Rawn Harbor has agreed to be with us again—this time, to celebrate Black History Month. Details and registration for this free event are on page 3.

For many, mental illness has been one of the sad effects of the pandemic. Discover how to respond effectively to those who reach out to you for help. See page 2 for details.

There’s no better way to deepen our faith than to grow in love for the Eucharistic Jesus. Register on page 5 for a 7-week series for women: “Real Presence of Christ in the Eucharist.”

Natural Family Planning. If you want to discover how to space pregnancies in a pro-life way, here’s your chance. The Archdiocese is offering a Natural Family Planning Introductory Class on March 12. See page 5.

Pope Francis asks, “Do you pray the Rosary each day?” We’re here seven days a week at 8:00 pm to do just that. Join us when you can—all are welcome! Call-in number on page 6.

Not a member of ADW-CCW yet? Check out page 9—we’d love you to join us.

In Christ,



Carol-Ann Parker
President

**Council of Catholic Women–
Archdiocese of Washington**
ArchdioceseCCW@gmail.com
Facebook: WashACCW

2021-2023

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WEDNESDAY, FEBRUARY 9

Register:

https://catholiccharitiesusa-org.zoom.us/webinar/register/WN_39y0pxRHScWiptNZxWOUyA

February 9, 2022
3 - 4 p.m. ET

Co-sponsored by:



1.0 Continuing
Education Credit
available with
requirements.

Walking with People Toward Healing

Register free at tinyurl.com/WalkingTowardHealing



Claire Shynett,
NCPD Council on
Mental Illness Member



Fr. Ragan Schriver,
PsyD, LAPSW
Special Assistant to the
President of Catholic
Charities USA



Maura Preszler
Founder of Made in His
Image, author and
international speaker

Join a panel of experts as they discuss:

- overcoming the stigma of seeking help for mental illness,
- how to recognize the signs of mental health distress,
- ways to respond when someone turns to you,
- how to refer a person for help,
- and resources for mental health ministry

A survivor will share her story including how she was encouraged to seek help.

This live learning session is being co-sponsored by the National Catholic Partnership on Disability, Catholic Charities USA, and Catholics For Family Peace - Initiative on Domestic Abuse.

Downloadable Media Toolkit, Flyers, Restroom Signs:

<http://www.catholicsforfamilypeace.org/downloadable-resources.html>

SUNDAY, FEBRUARY 20



CCW-ADW Monthly Virtual Tea

Music Director and Liturgist Rawn Harbor was such a hit at our November Tea, we've invited him back!

Register for the tea by clicking the following link:
<https://www.eventbrite.com/e/254058875937>

The Council of Catholic Women – Archdiocese of Washington
Celebrates **Black History Month**

“BLACK CATHOLIC LITURGICAL MUSIC-THE EARLY YEARS” Part II **God is Love**

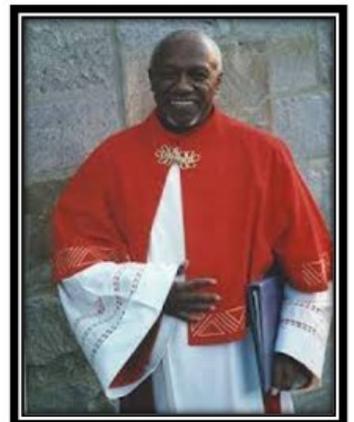
“...God is love, and whoever remains in love remains in God and God in him”.
1 John 4:16

Come join us as Rawn Harbor continues to present the history and development of Black Catholic Liturgical Music in the Catholic Church. For Part II, Rawn will pay tribute to the contributions of Rev. Clarence Joseph Rivers, known to many as the Father of Black Catholic Liturgy. It was Fr. Rivers who led the singing for the first official high Mass in the United States with his powerful delivery of the Communion song “God is Love” - his first musical composition for liturgy.



Sunday, February 20, 2022
Doors open 3:00 pm EST

To register:
<https://www.eventbrite.com/e/254058875937>
For questions or more information email
archdiocesecw@gmail.com



For a preview of the beauty and power of Mr. Harbor's music, visit:
<https://www.ocp.org/en-us/artists/60323/rawn-harbor#songs>

FEBRUARY EVENTS AND BEYOND



Marriage Prep Weekend

Thursday to Sunday / February 10–13 (in person)

Our beloved pre-Cana program for engaged couples preparing to marry in the Catholic Church. \$315 per couple includes conference materials, FOCCUS materials, and follow-up consultation.

More info and registration: <https://ourladyofbethesda.org/programs/marriage/marriage-prep-new>



Strengthening Your Love: Marriage Renewal Workshop

Saturday, February 26-Sunday, February 27

The Christ-Centered Marriage Renewal Workshop for married or engaged couples looking to reconnect, repair, and re-energize their marriage and nurture emotional closeness in your marriage. Facilitated by an expert team of Catholic therapists, this workshop will offer a road-map for addressing sensitive issues, encourage healthy conversations framed in faith and guide you and your spouse toward forgiveness and re-bonding.

You will not have to “share” with anyone except your spouse. Cost: \$400 per couple. Not an overnight event.

More info and to register: <https://ourladyofbethesda.org/strengthening-your-marriage-communication-workshop>



The Way Women's Retreat

February 18–20, 2022

Please register for free by contacting Deborah McDonald at mcdonaldd@adw.org or 301-853-4466.

https://adw.org/the-way-retreat/?fbclid=IwAR2siwSgIxGoOr7bbycNGa_b2AVI9UIIjaLDaA8vxJqFXsX741ScEc_smBw



Register now! February 23–April 2, 2022 Virtual Women’s Spiritual Series

The Archdiocesan Office of Family Life and the Council of Catholic Women, invites you to join women around the Archdiocese for a seven-part spiritual series on the mystery of the **Real Presence of Christ in the Eucharist**. We will be using the book and discussion guide: *Real Presence, What does It Mean and Why Does It Matter?* by Timothy P. O’Malley. We will meet virtually every Wednesday from February 23 to March 30 from 7:00–8:30pm and conclude with an in-person gathering on Saturday, April 2 at St. Mary’s Church in Rockville. Cost is \$15.00 and includes lunch on April 2.

Register: <https://www.eventbrite.com/e/virtual-spiritual-series-for-women-tickets-227230782387>.

Participants are responsible for getting their own book and free discussion guide through the following link: www.avemariapress.com/products/real-presence or by calling (800) 282-1865. For more information, contact the Office of Family Life at visiblesign@adw.org or 301-853-4546.



March 12, 2022: Natural Family Planning Introductory Class

Couples interested in learning about Natural Family Planning are invited to join in a virtual class on Saturday, March 12 from 10:00am–12:00pm. Register at <https://www.eventbrite.com/e/introduction-to-nfp-for-engaged-or-married-couples-tickets-167103919321>. For more information, contact the Archdiocesan Office of Family Life at 301-853-4546 or visiblesign@adw.org.



March 10–24, 2022 Archdiocesan Marriage Preparation Class

St. John Neumann Parish, 9000 Warfield Road, Gaithersburg, MD, will be offering a virtual marriage preparation class for 3 consecutive Thursdays, March 10, 17, 24 from 6:00pm – 9:00pm. Please meet with your parish priest or deacon who is preparing you for the sacrament of matrimony prior to registering. To register, contact the Archdiocesan Office of Family Life at visiblesign@adw.org or 301-853-4546.

March 26 & April 2, 2022 Archdiocesan Marriage Preparation Class

St. Michael the Archangel Parish, 805 Wayne Avenue, Silver Spring, MD, will be offering an in-person marriage preparation class for two consecutive Saturdays on March 26 & April 2 from 8:30am–5:00pm. Please meet with your parish priest or deacon who is preparing you for the sacrament of matrimony prior to registering. To register, contact the Archdiocesan Office of Family Life at visiblesign@adw.org or 301-853-4546.

TAKING TIME FOR PRAYER

If you would welcome a time-out from your busy schedule, come join us in prayer.



The Council of Catholic Women (CCW) hosts a nightly Rosary call for the healing of the Church. We also pray for healing from the COVID pandemic and for callers' personal intentions.

All (men, women, children, non-CCW members) are welcome to join us any night of the week or every night of the week. How often is up to you.

Please join us at 8:00 p.m. as we read meditations on the Rosary's mysteries and pray together.

**Remember, in prayer we are never alone
in our joys, our works, and especially in our sorrows.**

Call 605-468-8016, code 357090#

8:00 p.m., 7 days a week.

YOUR SUPERPOWERS ARE NEEDED!



Many thanks to the volunteers who keep the gears turning here at CCW-ADW. Not participating yet? Please pray about how you can share what only you can give!

In this "unprecedented time" CCW-ADW has been able to reach and touch the hearts of more Catholic women than ever before, bringing us closer to God and to each other as a Catholic sisterhood. To continue that growth, we need women with foresight, tenacity, and the wisdom to listen. Under the guidance of the Executive Board, many individual women took on one specific task or program to make the past year a success.

Tasks like what?

- **Join the "list keeper" team.** Helping to keep our email list up to date is a manageable job with a **big** impact!
- Know how to **set up an eventbrite invitation**? With very little time, you can have a big impact on bringing together your Catholic sisters in the Archdiocese.
- **Bake cookies** (or know where to buy good ones)? We'll need those for upcoming in-person gatherings. Email me at ArchdioceseCCW@gmail.com to learn more! –*Carol-Ann Parker, President*

OUR LADY OF PERPETUAL HELP CATHOLIC CHURCH
1600 Morris Road, SE
Washington, DC 20020
Very Rev. Michael L. Thompson, S.S.J. - Pastor

"GLOBAL MEALS FOR THE HUNGRY"



Volunteers packing meals



.....
Checks may be made payable to:
OLPH Church
(write on memo line of check: "Global Meals")
.....
Online donations: www.olphsedc.com/tithes
(type in envelope # section: "Global Meals")
.....

DATES & TIME:

Fundraising Begins/Ends
November 28, 2021 - February 13, 2022

Packing Meals
Saturday, March 26, 2022
10:00 AM - 1:00 PM

PLACE:

Church Hall—Panorama Room
1600 Morris Road, SE
Washington, DC 20020

GOAL:

Raise \$13,150.00
Pack & Ship 35,000 meals
Volunteers Needed 100 -150



Our Neighbor's Children

If you would like to volunteer, or have question about volunteering please contact Cheryl Holley (queenholley@comcast.net) or Nicky Wilkinson (fishingnicky@verizon.net).



A Simple Way to Get More out of Holy Mass

by Rose Folsom
VirtueConnection.com

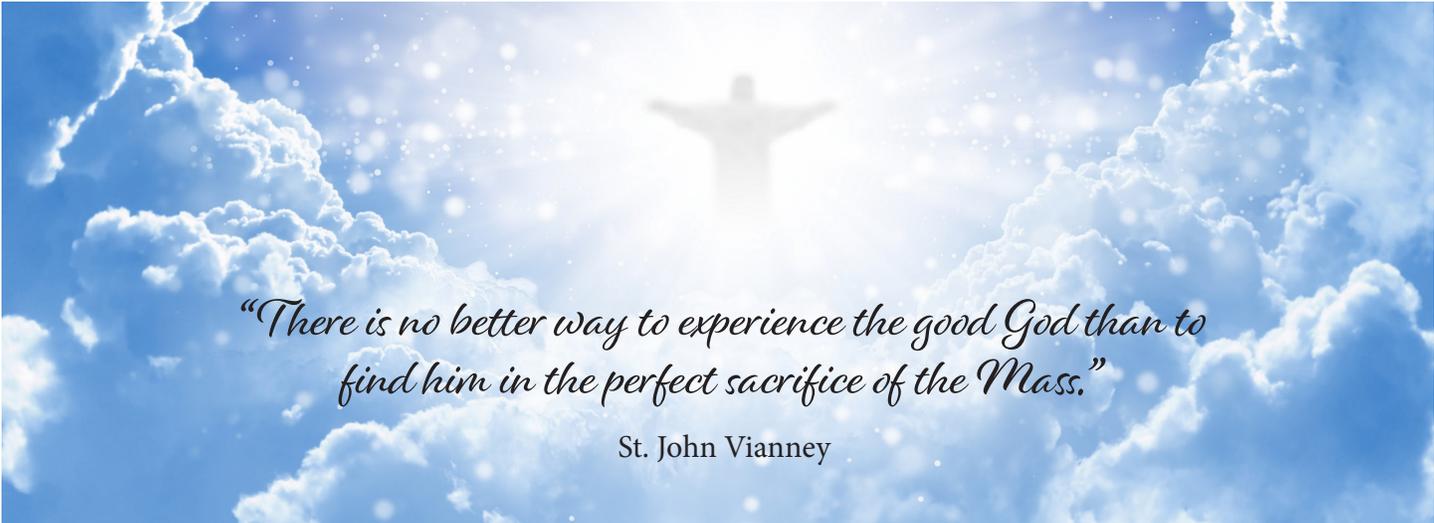
Are you ready for something that will revolutionize your engagement at Mass? It's from Deacon Dan Hennessey, a student in my "Revive Your Catholic Prayer Life" course. This is what he shared about how to get more out of the ultimate prayer, the Holy Mass:

"We need to put all of our pain and troubles, everything, in those gifts on their way up the aisle to the altar, because the gifts that we're bringing up will be transformed. It's not just bread and wine and money going up there – it's all of our hopes, dreams, complaints – and everything else we can put in that basket. And God will transform them – and give them back to us transformed.

"When we receive Communion, we're receiving something completely different than those gifts that went up. We can go to Communion with the idea that everything we threw in that basket with the gifts: the crappy stuff that weighs us down, is coming back to us transformed. The bread and wine have been transformed into the body, blood, soul, and divinity of Christ, and in that, our burdens and worries have been transformed, too."

Now, I had heard of putting all our worries and wounds in the gifts as they are brought to the altar and of receiving the bread made body and blood of Christ, but I had never closed the loop that the painful stuff that we attach to the gifts – that pain is always given back to us transformed by Christ into our salvation, into a Word of Hope.

I'll be going to Mass shortly, and look forward to having all the anxiety of this day transformed by Jesus into a blessing that invites me to rest in the arms of God and trust that he has bound up all my wounds – and that he's in charge, not I.



"There is no better way to experience the good God than to find him in the perfect sacrifice of the Mass."

St. John Vianney

JOIN US TODAY!



Individual Membership

Name _____

Address _____

City _____

State _____ ZIP _____

Parish _____

Phone _____

Email _____

Individual Membership is only
\$25.00 per year.

Make check payable to ACCW.
Send to:
Michelle Dorsey, Treasurer 5757
Gladstone Way
Capitol Heights MD 20743

Membership Contact:
Cheryl Holley, Vice President
ArchdioceseCCW@gmail.com



Join us to respond to the needs
of the Church and society
through a focus on spirituality,
leadership, and service.

Membership Benefits

Putting faith into action by:

- ❖ Learning about issues
- ❖ Visits to sacred sites
- ❖ Service projects
- ❖ Monthly e-newsletter
with upcoming events
- ❖ Monthly tea
- ❖ Access to NCCW
resources

Members receive a discount on
ACCW sponsored programs.

Join the **National Council of Catholic Women**
directly to receive NCCW's *Catholic Woman*
magazine with national and international news
and inspiring stories. Dues are \$50.00 per year.
Visit www.NCCW.org.

THIS JUST IN!

A Mass to Celebrate

Black History Month

Share, Learn, and Celebrate

Sunday, February 6, 2022

11:00 a.m.

Cathedral of St. Matthew the Apostle

1725 Rhode Island Ave NW

Washington, DC 20036

Celebrant and Homilist

The Most Reverend Roy E. Campbell

Auxiliary Bishop of Washington



The Roman Catholic
Archdiocese of
Washington

For more information, please contact the
Office of Cultural Diversity and Outreach
at 301-853-5335 • culturaldiversity@adw.org

For ASL interpretation, contact
deafcatholic@adw.org two weeks in advance.

