



# THE “LINK”

October 2019

## FROM THE PRESIDENT

Dear Sisters in Christ:

The CCW-ADW is here to connect Catholic women with opportunities to grow in spirituality, leadership, and service. Starting next week, Rose Folsom is offering a fun and easy 5-day challenge (that you do from home) to revitalize your prayer life. And it's **free!** Click here to register or see the next page to learn more.

A heartfelt thank-you to **Debbie McDonald** for her diligent and generous service to CCW as our Archdiocesan Liaison these past years. We'll miss you, Deb!

And we look forward to working with our new Archdiocesan Liaison, **Carla Fernando-Bowling**. Perhaps you met her at our Rosary conference last year, where she was a speaker.

We are blessed in this archdiocese to have so many rich offerings to help us grow in our faith and service. Check out this issue of LINK to see which gatherings God is calling you to attend.

Are you a CCW-ADW member yet? We'd love you to join us in making a difference! See page 9 to learn how.

In Christ,  
*Carol-Ann Parker*  
President

**Council of Catholic Women-  
Archdiocese of Washington**  
ArchdioceseCCW@gmail.com  
Facebook: WashACCW

2019-2021

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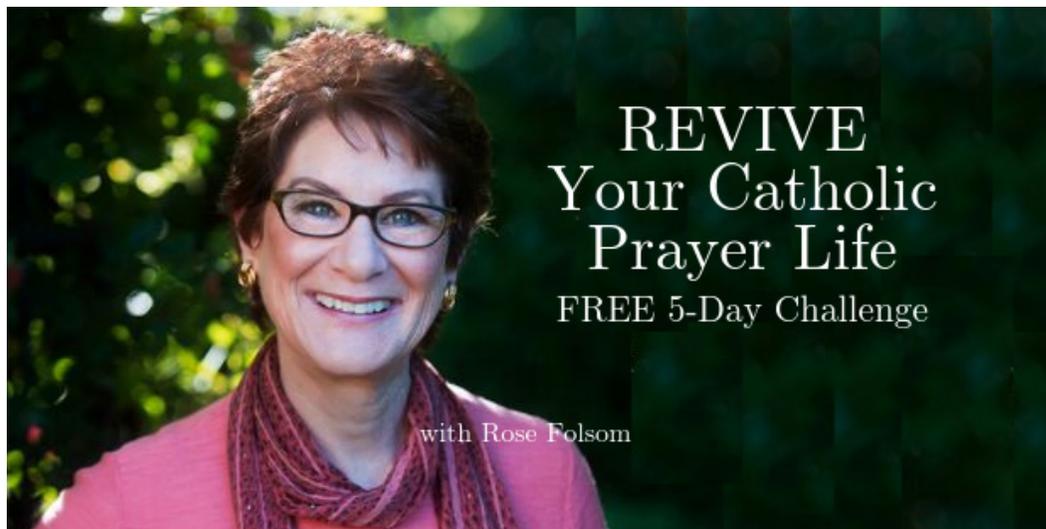
**Archdiocese of Washington**

**Liaison**

Carla Fernando-Bowling



**STARTS MONDAY, SEPTEMBER 30**  
**(BUT IT'S OK TO REGISTER ANYTIME BEFORE OCTOBER 5!)**



Greetings!

I'm Rose Folsom, Lay Dominican and Founder of VirtueConnection.com where I help Catholics get stronger, better, and holier through the virtues.

As a speaker, my audiences have included Archdiocesan Women's conferences, Knights of Columbus, and Catholic prayer breakfasts. I write for CatholicExchange.com and CatholicMom.com.

**But here's something new.** If your prayer life is in a rut, or you wish it were more vibrant, please join me for this **FREE "Revive Your Catholic Prayer Life" 5-day challenge**. It begins Monday, September 30 and registration is open now!

Join the dozens of Catholics signed up already as we **revitalize our prayer lives** together in this easy and fun challenge.

**Register now** by clicking here: <https://rosefolsom.lpages.co/revive-your-catholic-prayer-life-challenge/>

Get the benefit of this free training and enjoy the support and encouragement of me and your fellow prayer warriors. *Hope you'll join me!*

God bless you and yours.

**Rose**

Rose@VirtueConnection.com  
301-502-0358

## OCTOBER HAPPENINGS

### Saturday, October 5



THE  
CATHOLIC UNIVERSITY  
of AMERICA

Catholics For  
Family Peace  
Education and Research Initiative

HOST:  
Catholics For Family Peace 301-651-8190

SEMINAR: "HOW TO HELP END DV IN  
CATHOLIC FAMILIES"

SATURDAY, OCTOBER 5 FROM 2:30 PM  
TO 4:00 PM

School of Nursing, The Catholic University of America  
620 Michigan Ave. NE  
Washington, DC 20064

#### FREE SEMINAR

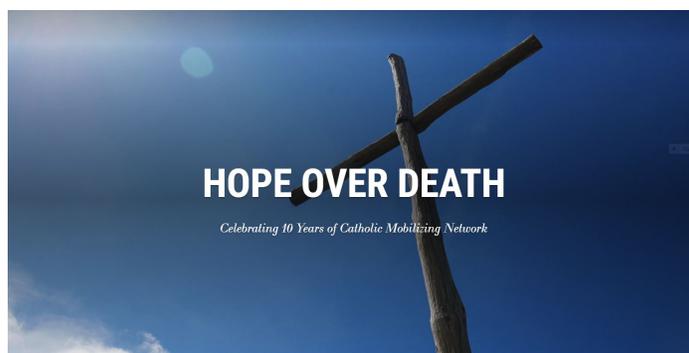
Before the annual Vigil Mass at the Basilica, in observance of Domestic Violence Awareness Month -- Free seminar for clergy, staff, and parishioners in Room 126 Gowan Hall, School of Nursing. Increase your understanding of domestic violence, identify opportunities to address this issue in parishes and in the family, and share ways to respond appropriately when people come to you for help. Fr. Patrick Besel (Archdiocese of Baltimore), Laura Yeomans (Archdiocese of Washington Catholic Charities), and Lauri Przybysz (Catholics For Family Peace).

Call Sharon at 301-651-8190 to attend.

#### FOLLOWING THE SEMINAR at 5:15 pm

**Annual Vigil Mass at the Basilica, in observance of Domestic Violence Awareness Month**

### Thursday, October 10



Join Catholic Mobilizing Network for a 10th Anniversary Celebration! The reception will be held on World Day Against the Death Penalty, October 10, 2019 from 6:30–9:00 p.m., at the Vatican Embassy in Washington, DC. More information at [catholicmobilizing.org](http://catholicmobilizing.org)

Honorees:

**Archbishop Emeritus of Galveston-Houston, Most Reverend Joseph A. Fiorenza**

**Sr. Helen Prejean, CSJ**

Noted anti-death penalty activist and author  
of *Dead Man Walking* and *River of Fire*

Learn more and purchase tickets or donate at [catholicmobilizing.org/CMN10](http://catholicmobilizing.org/CMN10)  
[www.facebook.com/CMNEndtheDeathPenalty](http://www.facebook.com/CMNEndtheDeathPenalty)

## MORE OCTOBER HAPPENINGS

### Monday, October 14

Rose Folsom, founder of VirtueConnection.com, will speak on **“How to Live as a Beloved Daughter of God”** at St. Andrew Apostle in Silver Spring, Maryland, 7:00-7:30 pm, followed by informal discussion and fellowship. \$5 donation to CCW-ADW.



*Come for the inspiration—Come for the Catholic sisterhood—Come for the gourmet cookies!*

Grab your spot here: <https://beloveddaughter.eventbrite.com>

St. Andrew Apostle | 11600 Kemp Mill Road | Rectory basement meeting room | Silver Spring, MD 20902

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### Friday evening to Sat afternoon, Oct 18–19



CATHOLIC WOMEN 40+, WELCOME!

4th Annual Fall  
Conference  
Oct. 18-19, 2019  
Arlington, VA

To learn more  
about this fun and popular conference:  
<https://futurewithhopewomen.com>

To Register:  
<https://www.eventbrite.com/e/2019-future-with-hope-catholic-womens-conference-tickets-64919815917?aff=ebdssbdestsearch>

(Former CCW VP Rose Folsom is speaking this year!)

## EVEN MORE OCTOBER HAPPENINGS

**Saturday, October 26**  
**Tickets at [encountergrace.co](https://www.encountergrace.co).**



The Encounter Grace Team will host its first annual Catholic Women's Conference on the beautiful campus of St. Mary's Ryken High School, 22500 Camp Calvert Road, in historic Leonardtown MD, on Saturday, October 26, 2019. The theme of the conference is Begin Again and will feature inspiring and engaging sessions on topics that will help you begin again in mind, body and spirit! Adoration and confession will be available during the event.

Presenters include our keynote speaker, **Laura Kelly Fanucci** (@ThisMessyGrace and [www.motheringspirit.com](http://www.motheringspirit.com)), and breakout session leaders **Dr. Susan Timoney** from The Catholic University of America and **Rev. Scott Woods**, pastor of Saint Peter Claver Catholic Church, St. Inigoes, Maryland.

**Click here to register:** <https://www.eventbrite.com/e/begin-again-catholic-womens-conference-tickets-64507542797>

**Friday, October 25 – Sunday, October 27**

### **Healing Retreat for Adult Children of Divorced or Separated Parents**



“The retreat sparked a journey of healing for me.”  
– MA, RETREATANT

The retreat, “Recovering Origins,” invites participants to move through the broken image of love that appeared to them in their parents’ divorce to their deepest origin and identity as God’s beloved, capable of great love. Participants gain a greater understanding of the wound of divorce and the ways it affects their lives, offers advice about the difficulties concerning love and trust of others, and explains how the Catholic faith, spiritual practices, and the Sacraments are essential to self-knowledge and healing. This retreat has something for any adult child of divorce or separation no matter how much healing you have already received or need.

**Register by clicking here:** <https://www.animachristiretreats.org/recovering-or-oct-2019-registration.html>

St. Andrew Apostle Catholic Church, 11600 Kemp Mill Road, Silver Spring Maryland 20902. This is a “commuter” retreat without an overnight stay. (If you are in need of a list of local hotels, please let us know.)

**COST:** The cost is \$110 for the weekend (\$40 for college students) and includes snacks Friday evening; breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday. Limited scholarships will be available for those in need. Please contact Father Dan at [fatherdanleary@gmail.com](mailto:fatherdanleary@gmail.com) prior to registering if you are in need of financial aid.

## SPIRITUAL DISCUSSION GROUP



**Carol Monaco**, ADW Province Director, and **Rose Folsom**, founder of VirtueConnection.com, will host a series of 4 informal get-togethers in October and November. **And you don't have to leave home to join us!**

“Finding My Inner Balance” is a workshop program to help women deal with the anxieties and pressures of daily living with Mary as our model. It was created by Sister M. Isabel and the Schoenstatt Mothers league. You can check it out at <https://www.findingmyinnerbalance.us/>.

Join Carol and Rose and your spiritual sisters in CCW-ADW on 4 consecutive Sundays at 7:30 pm for an hour of sharing-what's-on-your-heart after watching a 30-minute segment of “Finding My Inner Balance.” For more information, email Carol Monaco at [ArchdioceseCCW@gmail.com](mailto:ArchdioceseCCW@gmail.com)

### Details

Donation: \$10 (the series itself is free; donation to CCW is for the weekly online get-togethers)

Dates: October 27, Nov 3, Nov 10, Nov 17

Time: 7:30-8:30 pm

Where: We will gather online or by phone (your choice of how you join in) to discuss the series “Finding My Inner Balance.”

To claim your spot now, click here: <https://myinnerbalance.eventbrite.com>

## CCW NIGHTLY ROSARY FOR HEALING OF THE CHURCH



**Call in at 8:00 p.m. any Monday through Saturday  
605-468-8016, code 357090#**

**For over a year now**, the Council of Catholic Women has been hosting a nightly Rosary call (Mondays through Saturdays at 8:00 p.m.) for the healing of the Church. We believe prayer is the foundation of action.

**With the intercession of our Blessed Mother** and by the power of the Holy Trinity, praying the Rosary can help restore the Church to a place of safety and moral guidance. The sex abuse scandal has caused “so much pain,” said Sharon. “Prayer will help us move forward.”

**All are welcome** to participate. Each night, individuals dial 605-468-8016, ID 357090#, read meditations on the Rosary's mysteries, and pray together. “To be perfectly candid, I'm rather surprised that I am participating in the recitation of the daily Rosary. The Rosary was my least favorite prayer,” said Jackie, who participates regularly.

**Callers also have found a personal healing** from the nightly prayer. “I experience a peace after each recitation,” said Jackie. The original plan was to host the call for one year until September 4, 2019. As a result of the response, CCW has decided to continue the call for the foreseeable future! –*Carol Monaco, Spirituality Commission Chair*

## LOOKING AHEAD

**Thursday, November 7 – Sunday, November 10**



In response to many requests for increased intercultural competence training, the Josephite Pastoral Center, in collaboration with the National Black Catholic Congress, is sponsoring a conference titled

### **“Pastoring in Black Catholic Parishes, ‘Here I am, Send Me’”**

This Conference is for clergy, religious, and laypeople who minister within Black parishes by providing spiritual growth and leadership. It will help participants improve their liturgical skills and enhance their ability to outreach to and share in the African American Catholic culture.

**Westin Alexandria Hotel  
400 Courthouse Square  
Alexandria, Virginia 22314**

**Registration:** \$275.00

**Register at:** [www.josephitepastoralcenter.org](http://www.josephitepastoralcenter.org)

**Reserve hotel room** (\$129 per night) at <https://www.marriott.com/events/start.mi?id=1565376959472&key=GRP>

**More information:** Denise Bogans at [dbogans@josephite.com](mailto:dbogans@josephite.com) / 202-526-9270.

#### **The proposed workshops include:**

- The History of Black Catholics in America
- African American Spirituality: The Impact of African American Culture and Tradition
- Inculturation – Liturgy & Preaching
- Mission Based Ministry – The Spirituality of the Six Candidates for Sainthood of African Descent
- “Let’s Talk” Panel Discussion – Ministers from various cultures share their challenges and successes in overcoming racial differences and how they have ministered to the African American community without losing their identity or that of the community
- Engaging Youth and Young Adults in Liturgy
- Breakout Sessions, Group Sharing
- Celebrating the Holy Eucharist with the Archdiocese of Washington, National Black Catholic History Month Mass
- And more

**We ask that you please consider sending the priests, religious, and lay-leaders you feel would benefit from this powerful, God-centered conference.**

## LOOKING AHEAD

**Sunday, December 8**



### **The Gift of Joy**

Please save this date and join us on Sunday, December 8 from 2 to 4 p.m. for a warm afternoon of fellowship and holiday refreshments as we contemplate and embrace the Joyful mysteries of the Rosary.

Help us spread the message of love by making holiday cards. You don't need to be Rembrandt to create Christmas and holiday cards. Pre-cut paper, stickers, colorful pens, ink stampers, and scripture quotes are all provided. Just COME AND ENJOY! Ages 16 and over, men and women.

Our Lady of Lourdes School Cafeteria  
7500 Pearl Street , Bethesda, MD 20814

Sponsored by the Council of Catholic Women-Archdiocese of Washington  
Questions? email Carol Monaco at ArchdioceseCCW@gmail.com.



### **Journey to Holiness**

Poetry by Carol Monaco  
[www.journeytoourlady.com](http://www.journeytoourlady.com)

Holy Mother,  
God's love lifted you  
to Heaven,  
body and soul.  
Help me  
to be open to God's love  
so that  
I can follow  
the Lord's way without fear  
and  
without hesitation.

The world around me  
weighs me down.  
Please give me strength  
so the weight of the world  
does not stop me  
on my journey  
to holiness.  
May the love and mercy  
of God lift me  
as high as  
Heaven allows.

**Amen.**

# JOIN US TODAY!



## Individual Membership

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Parish \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Individual Membership is only \$25.00 per year.

Make check payable to ACCW.  
Send to Kathy Foley, Treasurer  
3306 Farthing Drive  
Silver Spring, MD 20906

### Membership Contact:

Carol-Ann Parker, President

904-699-6255

[ArchdioceseCCW@gmail.com](mailto:ArchdioceseCCW@gmail.com)



Join us to respond to the needs  
of the Church and society  
through a focus on spirituality,  
leadership, and service.

## Membership Benefits

Putting faith into action by:

- ❖ Learning about issues
- ❖ Visits to sacred sites
- ❖ Service projects
- ❖ E-newsletters
- ❖ Facebook group
- ❖ Access to NCCW program information and resources.

Members receive a discount on ACCW sponsored programs.

Join the **National Council of Catholic Women** directly to receive NCCW's *Catholic Woman* magazine with national and international news and inspiring stories. Dues are \$50.00 per year. Visit [www.NCCW.org](http://www.NCCW.org).